

The 25th SEA Games 2009 - 15/12/2009 to 17/12/2009

Results

Event 101 Women 100 LC Meter SURFACE

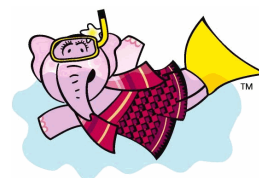
| SEA Games: 47.24 * 13/12/2003 Arisa Wanteh | | | THA | | |
|--|---------------|----------|-----------|-------------|--|
| Name | Age | Team | Seed Time | Finals Time | |
| 1 Duong T.Huyen, Trang | 19 | Vietnam | 40.00 | 43.58* | |
| r:+0.87 20.68 | 43.58 (22.90) | | | | |
| 2 Hoang Thu, Phuong | 16 | Vietnam | 43.00 | 44.20* | |
| r:+0.90 26.74 | 44.20 (17.46) | | | | |
| 3 Thida, Tonpongsathorn | 25 | Thailand | NT | 46.24* | |
| 4 Arisa, Wanteh | 24 | Thailand | NT | 46.27* | |
| r:+0.84 19.98 | 46.27 (26.29) | | | | |
| 5 Vylayphone, Vengphachanh | 23 | Laos | NT | 56.64 | |
| r:+0.89 21.99 | 56.64 (34.65) | | | | |
| 6 Soulamphone, Kuethla | 26 | Laos | NT | 58.09 | |
| r:+0.99 22.16 | 58.09 (35.93) | | | | |
| --- Amdavanh, Phanmybounkong | 22 | Laos | NT | SCR | |
| --- Krischina, Singdara | 17 | Laos | NT | SCR | |

Event 102 Men 100 LC Meter SURFACE

| SEA Games: 38.92 * 12/12/2003 Phan Luu Cam Thanh | | | VIE | | |
|--|---------------|-----------|-----------|-------------|--|
| Name | Age | Team | Seed Time | Finals Time | |
| 1 Nguyen Trung, Kien | 20 | Vietnam | 37.10 | 38.07* | |
| r:+0.77 18.00 | 38.07 (20.07) | | | | |
| 2 VO Quang, Dai | 21 | Vietnam | 39.00 | 39.34 | |
| r:+0.93 18.44 | 39.34 (20.90) | | | | |
| 3 Adrian, Sansoldi | 24 | Indonesia | 38.80 | 39.52 | |
| r:+0.81 18.12 | 39.52 (21.40) | | | | |
| 4 Sukirin, Udomwongs | 20 | Thailand | NT | 39.59 | |
| r:+0.89 18.39 | 39.59 (21.20) | | | | |
| 5 Sirasit, Chuenpanitchayakul | 19 | Thailand | NT | 41.68 | |
| r:+0.86 19.29 | 41.68 (22.39) | | | | |
| --- M.Nurul, Fajri | 19 | Indonesia | NT | SCR | |

Event 103 Women 800 LC Meter SURFACE

| SEA Games: 7:29.45 * 11/12/2003 Nguyen Thi Hang | | | VIE | | |
|---|-----------------|-----------------|-----------------|-------------|--|
| Name | Age | Team | Seed Time | Finals Time | |
| 1 Priscillia, Gunawan | 24 | Indonesia | 7:33.73 | 7:23.53* | |
| r:+1.25 24.72 | 51.73 (27.01) | 1:19.55 (27.82) | 1:47.75 (28.20) | | |
| 2:16.12 (28.37) | 2:44.15 (28.03) | 3:12.33 (28.18) | 3:40.59 (28.26) | | |
| 4:08.61 (28.02) | 4:36.58 (27.97) | 5:04.52 (27.94) | 5:32.67 (28.15) | | |
| 6:00.66 (27.99) | 6:28.73 (28.07) | 6:56.68 (27.95) | 7:23.53 (26.85) | | |
| 2 Nguyen Thi, Thuong | 20 | Vietnam | 7:30.00 | 8:01.05 | |
| r:+1.13 26.75 | 56.32 (29.57) | 1:26.15 (29.83) | 1:56.75 (30.60) | | |
| 2:27.20 (30.45) | 2:57.86 (30.66) | 3:28.12 (30.26) | 3:58.32 (30.20) | | |
| 4:28.28 (29.96) | 4:58.81 (30.53) | 5:29.48 (30.67) | 6:00.42 (30.94) | | |
| 6:30.92 (30.50) | 7:01.72 (30.80) | 7:31.65 (29.93) | 8:01.05 (29.40) | | |



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(Event 103 Women 800 LC Meter SURFACE)

| Name | Age | Team | Seed Time | Finals Time |
|----------------------------|-----------------|-----------------|-----------------|-------------|
| 3 Amdavanh, Phanmybounkong | 22 | Laos | NT | 8:45.46 |
| r:+1.00 30.01 | 1:00.16 (30.15) | 1:31.46 (31.30) | 2:03.84 (32.38) | |
| 2:36.32 (32.48) | 3:10.68 (34.36) | 3:44.41 (33.73) | 4:18.19 (33.78) | |
| 4:51.86 (33.67) | 5:25.34 (33.48) | 5:59.76 (34.42) | 6:34.09 (34.33) | |
| 7:08.90 (34.81) | 7:42.41 (33.51) | 8:15.73 (33.32) | 8:45.46 (29.73) | |
| --- Livia, Iriana | 23 | Indonesia | 8:03.14 | SCR |
| --- Krischina, Singdara | 17 | Laos | NT | SCR |

Event 104 Men 400 LC Meter SURFACE Relay

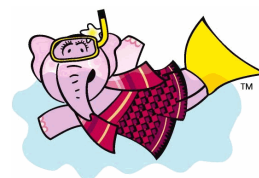
| SEA Games: | 2:50.01 | * | 13/12/2003 | Lim, Lam, Lee, Jed | SIN |
|-----------------------|-----------------------------------|------------------------------------|------------------------------------|--------------------|-----|
| Team | Relay | Seed Time | Finals Time | | |
| 1 Vietnam | A | 2:40.00 | 2:36.01* | | |
| 1) Tran Bao, Thu 19 | 2) r:+0.46 Dao Ngoc, Tuyen 19 | 3) r:+0.60 Bui Dinh, Kha 19 | 4) r:+0.54 Phan Luu Cam, Thanh 2 | | |
| r:+0.88 18.19 | 38.14 (38.14) | 55.87 (17.73) | 1:18.08 (39.94) | | |
| 1:37.19 (19.11) | 1:58.33 (40.25) | 2:15.36 (17.03) | 2:36.01 (37.68) | | |
| 2 Indonesia | A | NT | 2:38.06* | | |
| 1) Petrol, Apostle 23 | 2) r:+0.71 Bayu, Adiwibowo 29 | 3) r:+0.62 M.Nurul, Fajri 19 | 4) r:+0.59 Adrian, Sansoldi 24 | | |
| r:+0.85 18.26 | 38.85 (38.85) | 57.03 (18.18) | 1:18.14 (39.29) | | |
| 1:37.47 (19.33) | 1:59.33 (41.19) | 2:17.80 (18.47) | 2:38.06 (38.73) | | |
| 3 Thailand | A | 3:03.50 | 2:41.29* | | |
| 1) Pawat, Matjiur 19 | 2) r:+0.21 Panjapol, Kongkhieo 15 | 3) r:+0.53 Akkarawat, Ruangchai 14 | 4) r:+0.50 Sorasit, Hanwiwattanaku | | |
| r:+0.96 18.69 | 41.78 (41.78) | 1:00.32 (18.54) | 1:20.90 (39.12) | | |
| 1:39.26 (18.36) | 2:00.42 (39.52) | 2:19.63 (19.21) | 2:41.29 (40.87) | | |

Event 105 Women 400 LC Meter SURFACE Relay

| SEA Games: | 2:57.51 | * | 11/12/2003 | Trang, Diu, Huyen, Nhi | VIE |
|---------------------------|--------------------------------------|--------------------------------|-------------------------------------|------------------------|-----|
| Team | Relay | Seed Time | Finals Time | | |
| 1 Vietnam | A | 3:01.00 | 3:02.31 | | |
| 1) Chu Thi Minh, Thuy 23 | 2) r:+0.76 Phan Thi Kim, Dung 19 | 3) r:+0.46 LE Thi Nhu, Hoai 19 | 4) r:+0.44 Hoang Thu, Phuong 16 | | |
| r:+0.95 21.99 | 46.07 (46.07) | 1:08.70 (22.63) | 1:32.69 (46.62) | | |
| 1:53.82 (21.13) | 2:17.85 (45.16) | 2:38.26 (20.41) | 3:02.31 (44.46) | | |
| 2 Thailand | A | NT | 3:08.56 | | |
| 1) Arisa, Wanteh 24 | 2) r:+0.51 Nutchar, Theprungsiriku 3 | 3) r:+0.68 Napatsorn, Panna 14 | 4) r:+0.54 Tassamol, Petchsangroj 1 | | |
| r:+0.98 22.51 | 47.10 (47.10) | 1:09.71 (22.61) | 1:34.60 (47.50) | | |
| 1:56.39 (21.79) | 2:20.90 (46.30) | 2:43.27 (22.37) | 3:08.56 (47.66) | | |
| 3 Indonesia | A | NT | 3:09.38 | | |
| 1) Angeline, Soegianto 21 | 2) r:+0.51 Delyana, Delyana 18 | 3) r:+0.55 Desy, Dewanti 18 | 4) r:+0.66 Priscillia, Gunawan 24 | | |
| r:+0.81 22.01 | 45.70 (45.70) | 1:07.97 (22.27) | 1:33.88 (48.18) | | |
| 1:56.93 (23.05) | 2:23.08 (49.20) | 2:45.61 (22.53) | 3:09.38 (46.30) | | |

Event 206 Women 50 LC Meter SURFACE

| SEA Games: | 19.35 | * | 12/12/2003 | Tran Thi Huyen Trang | VIE |
|-----------------------|-------|-----------|------------|----------------------|-----|
| Name | Age | Team | Seed Time | Finals Time | |
| 1 Krischina, Singdara | 17 | Laos | NT | 22.10 | |
| r:+0.91 | | | | | |
| 2 Angeline, Soegianto | 21 | Indonesia | NT | 22.51 | |
| r:+0.85 | | | | | |



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(Event 206 Women 50 LC Meter SURFACE)

| Name | Age | Team | Seed Time | Finals Time |
|-------------------------------|-----|---------|-----------|-------------|
| 3 LE Thi Nhu, Hoai r:+0.94 | 19 | Vietnam | 19.20 | 22.87 |

Event 207 Men 50 LC Meter SURFACE

SEA Games: 17.35 * 11/12/2003 Phan Luu Cam Thanh

VIE

| Name | Age | Team | Seed Time | Finals Time |
|------------------------------------|-----|-----------|-----------|-------------|
| 1 Phan Luu Cam, Thanh r:+0.95 | 25 | Vietnam | 17.00 | 16.18* |
| 2 M.Nurul, Fajri r:+0.88 | 19 | Indonesia | NT | 17.35* |
| 3 Phouthone, Lounyalath r:+0.87 | 25 | Laos | NT | 20.69 |
| --- Dao Ngoc, Tuyen | 19 | Vietnam | NT | NS |
| --- Nguyen Trung, Kien | 20 | Vietnam | 17.20 | SCR |
| --- Vonthong, Phomduongchan | 26 | Laos | NT | SCR |

Event 208 Women 100 LC Meter BI-FINS

| Name | Age | Team | Seed Time | Finals Time |
|---------------------------------|-----|-----------|-----------|-------------|
| 1 Margaretha, H. 24.82 | 24 | Indonesia | NT | 51.55 |
| 2 Kakkanang, Prapaisub 24.37 | 18 | Thailand | NT | 52.75 |
| 3 Natanong, Butthajorn 24.93 | 18 | Thailand | NT | 53.19 |
| 4 Luu Thi, Phuong 25.34 | 21 | Vietnam | 54.00 | 53.29 |

Event 209 Men 100 LC Meter BI-FINS

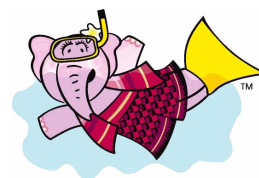
| Name | Age | Team | Seed Time | Finals Time |
|-------------------------------------|-----|-----------|-----------|-------------|
| 1 Nguyen Nhat, TU 21.17 | 21 | Vietnam | 46.00 | 44.71 |
| 2 Nutt, Wesshasartar 21.37 | 19 | Thailand | NT | 45.16 |
| 3 Bayu, Adiwibowo 22.32 | 29 | Indonesia | NT | 47.26 |
| 4 Sorasit, Hanwiwattanakul 22.79 | 21 | Thailand | NT | 47.44 |
| 5 Nguyen Trung, Kien 23.02 | 20 | Vietnam | 48.00 | 47.57 |

Event 210 Women 400 LC Meter SURFACE

SEA Games: 3:37.92 * 12/12/2003 Nguyen Thi Hang

VIE

| Name | Age | Team | Seed Time | Finals Time |
|---|-----|------|-----------------|-----------------|
| 1 Amdavanh, Phanmybounkong r:+1.05 29.46 | 22 | Laos | NT | 4:15.29 |
| | | | 1:01.40 (31.94) | 1:33.85 (32.45) |
| | | | 2:07.63 (33.78) | 2:40.70 (33.07) |
| | | | 3:14.74 (34.04) | 3:48.06 (33.32) |
| | | | 4:15.29 (27.23) | |



The 25th SEA Games 2009 - 15/12/2009 to 17/12/2009

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(Event 210 Women 400 LC Meter SURFACE)

| Name | Age | Team | Seed Time | Finals Time |
|-------------------------|-----------------|-----------------|-----------------|-------------|
| 2 Livia, Iriana | 23 | Indonesia | 3:54.33 | 4:16.50 |
| r:+1.09 29.58 | 1:01.16 (31.58) | 1:34.28 (33.12) | 2:07.12 (32.84) | |
| 2:40.12 (33.00) | 3:14.00 (33.88) | 3:48.65 (34.65) | 4:16.50 (27.85) | |
| 3 Vo Thi, Kieu | 15 | Vietnam | 3:41.00 | 4:20.16 |
| r:+1.38 30.13 | 1:01.78 (31.65) | 1:34.88 (33.10) | 2:08.29 (33.41) | |
| 2:40.81 (32.52) | 3:15.95 (35.14) | 3:48.79 (32.84) | 4:20.16 (31.37) | |
| --- Priscillia, Gunawan | 24 | Indonesia | NT | SCR |

Event 211 Men 400 LC Meter SURFACE

SEA Games: 3:13.88 * 11/12/2003 Ngo Xuan Phuong VIE

| Name | Age | Team | Seed Time | Finals Time |
|--------------------------|-----------------|-----------------|-----------------|-------------|
| 1 Tran Bao, Thu | 19 | Vietnam | 3:10.00 | 3:12.60* |
| r:+0.89 22.89 | 47.55 (24.66) | 1:12.17 (24.62) | 1:36.96 (24.79) | |
| 2:01.11 (24.15) | 2:25.48 (24.37) | 2:49.93 (24.45) | 3:12.60 (22.67) | |
| 2 Bui Dinh, Kha | 19 | Vietnam | 3:20.00 | 3:17.43 |
| r:+1.08 23.83 | 48.91 (25.08) | 1:14.45 (25.54) | 1:39.89 (25.44) | |
| 2:04.35 (24.46) | 2:29.67 (25.32) | 2:54.24 (24.57) | 3:17.43 (23.19) | |
| 3 Hans, Yosputra | 25 | Indonesia | 3:17.07 | 3:17.56 |
| r:+0.99 22.80 | 47.50 (24.70) | 1:12.38 (24.88) | 1:37.75 (25.37) | |
| 2:03.22 (25.47) | 2:27.76 (24.54) | 2:53.17 (25.41) | 3:17.56 (24.39) | |
| 4 Panjapol, Kongkhieo | 15 | Thailand | NT | 3:22.36 |
| r:+0.85 22.20 | 47.82 (25.62) | 1:13.16 (25.34) | 1:38.05 (24.89) | |
| 2:03.65 (25.60) | 2:29.79 (26.14) | 2:56.46 (26.67) | 3:22.36 (25.90) | |
| 5 Nuttapon, Trachuwanich | 18 | Thailand | 3:32.40 | 3:28.78 |
| r:+0.97 22.60 | 48.30 (25.70) | 1:14.57 (26.27) | 1:40.91 (26.34) | |
| 2:08.08 (27.17) | 2:35.16 (27.08) | 3:02.26 (27.10) | 3:28.78 (26.52) | |

Event 312 Men 200 LC Meter SURFACE

SEA Games: 1:28.60 * 13/12/2003 Ngo Xuan Phuong VIE

| Name | Age | Team | Seed Time | Finals Time |
|----------------------------|---------------|-----------------|-----------------|-------------|
| 1 Bounthanom, Vongphachanh | 29 | Laos | NT | 1:42.03 |
| r:+0.93 24.07 | 50.23 (26.16) | 1:16.96 (26.73) | 1:42.03 (25.07) | |
| 2 Petrol, Apostle | 23 | Indonesia | 1:30.06 | 1:42.11 |
| r:+0.98 24.81 | 51.07 (26.26) | 1:17.45 (26.38) | 1:42.11 (24.66) | |
| 3 Nguyen Hoan, Hao | 15 | Vietnam | 2:00.00 | 1:42.93 |
| r:+1.04 25.34 | 51.32 (25.98) | 1:17.87 (26.55) | 1:42.93 (25.06) | |
| --- Sithavone, Phylavong | 23 | Laos | NT | NS |
| --- Nguyen Trung, Kien | 20 | Vietnam | 1:36.00 | SCR |

Event 313 Women 200 LC Meter SURFACE

SEA Games: 1:42.66 * 11/12/2003 Le Thanh Huyen VIE

| Name | Age | Team | Seed Time | Finals Time |
|-----------------------|---------------|-----------------|-----------------|-------------|
| 1 Nguyen Thi, Quynh | 22 | Vietnam | 1:42.00 | 1:40.54* |
| r:+0.99 22.88 | 47.91 (25.03) | 1:13.92 (26.01) | 1:40.54 (26.62) | |
| 2 Angeline, Soegianto | 21 | Indonesia | NT | 1:40.69* |
| r:+0.83 24.46 | 50.51 (26.05) | 1:15.72 (25.21) | 1:40.69 (24.97) | |



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(Event 313 Women 200 LC Meter SURFACE)

| Name | Age | Team | Seed Time | Finals Time |
|------------------------------|---------------|-----------------|-----------------|-------------|
| 3 Chu Thi Minh, Thuy | 23 | Vietnam | 1:43.00 | 1:41.18* |
| r:+0.93 23.74 | 48.10 (24.36) | 1:14.02 (25.92) | 1:41.18 (27.16) | |
| 4 Napatsorn, Panna | 14 | Thailand | NT | 1:45.10 |
| r:+0.97 23.94 | 50.77 (26.83) | 1:18.71 (27.94) | 1:45.10 (26.39) | |
| 5 Thitidarat, Sarachantapong | 16 | Thailand | NT | 1:49.02 |
| r:+0.85 23.79 | 51.02 (27.23) | 1:20.53 (29.51) | 1:49.02 (28.49) | |
| 6 Desy, Dewanti | 18 | Indonesia | NT | 1:52.96 |
| r:+0.92 24.86 | 52.97 (28.11) | 1:23.19 (30.22) | 1:52.96 (29.77) | |

Event 314 Men 800 LC Meter SURFACE

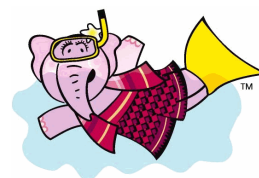
SEA Games: 6:53.27 * 13/12/2003 Ngo Xuan Phuong

VIE

| Name | Age | Team | Seed Time | Finals Time |
|---------------------------|-----------------|-----------------|-----------------|-------------|
| 1 Hans, Yosputra | 25 | Indonesia | 6:57.00 | 6:52.89* |
| r:+0.88 21.92 | 45.71 (23.79) | 1:10.31 (24.60) | 1:35.17 (24.86) | |
| 2:00.71 (25.54) | 2:26.37 (25.66) | 2:52.14 (25.77) | 3:18.36 (26.22) | |
| 3:44.65 (26.29) | 4:11.29 (26.64) | 4:37.77 (26.48) | 5:04.24 (26.47) | |
| 5:31.23 (26.99) | 5:58.46 (27.23) | 6:26.01 (27.55) | 6:52.89 (26.88) | |
| 2 Pham Van, Tien | 16 | Vietnam | 7:12.00 | 7:05.09 |
| r:+0.97 24.20 | 49.52 (25.32) | 1:16.33 (26.81) | 1:42.68 (26.35) | |
| 2:09.70 (27.02) | 2:36.25 (26.55) | 3:03.31 (27.06) | 3:30.48 (27.17) | |
| 3:58.29 (27.81) | 4:25.65 (27.36) | 4:52.32 (26.67) | 5:18.86 (26.54) | |
| 5:45.04 (26.18) | 6:11.26 (26.22) | 6:38.13 (26.87) | 7:05.09 (26.96) | |
| 3 Petrol, Apostle | 23 | Indonesia | 7:14.02 | 7:10.86 |
| r:+0.88 22.56 | 46.62 (24.06) | 1:11.90 (25.28) | 1:37.85 (25.95) | |
| 2:03.72 (25.87) | 2:29.91 (26.19) | 2:57.09 (27.18) | 3:24.43 (27.34) | |
| 3:52.15 (27.72) | 4:20.31 (28.16) | 4:48.82 (28.51) | 5:17.56 (28.74) | |
| 5:46.26 (28.70) | 6:15.04 (28.78) | 6:43.45 (28.41) | 7:10.86 (27.41) | |
| 4 Viengkham, Naviegxay | 30 | Laos | NT | 8:21.27 |
| r:+1.08 28.63 | 59.32 (30.69) | 1:30.49 (31.17) | 2:02.81 (32.32) | |
| 2:34.60 (31.79) | 3:06.60 (32.00) | 3:38.52 (31.92) | 4:10.39 (31.87) | |
| 4:42.56 (32.17) | 5:14.73 (32.17) | 5:46.79 (32.06) | 6:18.11 (31.32) | |
| 6:49.58 (31.47) | 7:21.26 (31.68) | 7:51.94 (30.68) | 8:21.27 (29.33) | |
| --- Phouthone, Lounyalath | 25 | Laos | NT | SCR |

Event 315 Women 400 LC Meter BI-FINS Relay

| Team | Relay | Seed Time | Finals Time |
|----------------------------|-------------------------------------|------------------------------------|--------------------------------|
| 1 Thailand | A | NT | 3:35.06 |
| 1) Kakkanang, Prapaisub 18 | 2) r:+0.41 Nutchar, Theprungsiriku3 | r:+0.47 Natanong, Butthajorn 184 | r:+0.65 Tassamol, Petchsangroj |
| 24.61 | 53.13 (53.13) | 1:18.54 (25.41) | 1:47.87 (54.74) |
| 2:13.80 (25.93) | 2:41.42 (53.55) | 3:07.06 (25.64) | 3:35.06 (53.64) |
| 2 Vietnam | A | 3:45.00 | 3:38.88 |
| 1) Luu Thi, Phuong 21 | 2) r:+0.52 Nguyen Thi, Giang 17 | 3) r:+0.37 Nguyen Thi, Thuong 20 4 | r:+0.42 Duong T.Huyen, Trang |
| 25.27 | 53.82 (53.82) | 1:20.48 (26.66) | 1:50.30 (56.48) |
| 2:16.90 (26.60) | 2:46.12 (55.82) | 3:10.83 (24.71) | 3:38.88 (52.76) |



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(Event 315 Women 400 LC Meter BI-FINS Relay)

| Team | Relay | Seed Time | Finals Time |
|----------------------------|------------------------------------|---------------------------------|-------------------------------|
| 3 Laos | A | NT | 4:22.05 |
| 1) Krischinda, Singdara 17 | 2) r:+0.46 Soulamphone, Kuethla 23 | r:+0.70 Soulamngeun, Kuethla 24 | r:+0.38 Vylayphone, Vengphach |
| 29.76 | 1:01.98 (1:01.98) | 1:34.71 (32.73) | 2:10.75 (1:08.77) |
| 2:43.53 (32.78) | 3:18.36 (1:07.61) | 3:49.60 (31.24) | 4:22.05 (1:03.69) |

Event 316 Men 400 LC Meter BI-FINS Relay

| Team | Relay | Seed Time | Finals Time |
|----------------------------|-------------------------------|--------------------------------|-------------------------------|
| 1 Thailand | A | 3:13.50 | 3:06.67 |
| 1) Sukirin, Udomwongs 20 | 2) Akkarawat, Ruangchairit 21 | 3) Sorasit, Hanwiwattanakul 21 | 4) Nutt, Wesshasartar 19 |
| 22.34 | 46.75 (46.75) | 1:08.73 (21.98) | 1:33.66 (46.91) |
| 1:55.87 (22.21) | 2:20.68 (47.02) | 2:42.66 (21.98) | 3:06.67 (45.99) |
| 2 Vietnam | A | 3:10.00 | 3:22.02 |
| 1) Nguyen Trung, Kien 20 | 2) VO Quang, Dai 21 | 3) LE Van, Han 19 | 4) Nguyen Nhat, TU 21 |
| 22.60 | 47.74 (47.74) | 1:10.66 (22.92) | 1:37.00 (49.26) |
| 2:01.76 (24.76) | 2:29.30 (52.30) | 2:53.80 (24.50) | 3:22.02 (52.72) |
| 3 Laos | A | NT | 3:45.47 |
| 1) Sithavone, Phylavong 23 | 2) Viengkham, Naviegxay 30 | 3) Vonthong, Phomduongchan 26 | 4) Sipaseuth, Sybounhueang 23 |
| 26.26 | 53.84 (53.84) | 1:21.09 (27.25) | 1:49.69 (55.85) |
| 2:17.63 (27.94) | 2:48.68 (58.99) | 3:16.88 (28.20) | 3:45.47 (56.79) |

